

HEALTHCARE PREPARATION FOR THE CIRCUMCISION PROCEDURE WITH SUNATHRONE

1. Take bath at home and clean your penis before the circumcision procedure.
 2. **Inform your Doctor or the Officials in attendance for any Medical Conditions / Diagnosis, especially certain Contraindicated Medical Ailments which prohibit you from undergoing the circumcision procedure or if you suffer from any Medical Allergy / Unusual Reaction towards certain Food, Drugs such as Anaesthetic Agent, Antibiotics, etc.**
 3. Do not wear any tight cloth when undergoing the circumcision procedure to ensure good personal hygiene to be exercised, especially on the circumcised penis.
 4. Stay calm and do not make any noise, disturbing other participants or other attendances during the event.
 5. You must not struggle during the procedure. Your unnecessary behaviour / disturbance might create uneasy situation to the circumciser / other participants by frightening them, delaying the procedure, and could be dangerous and harmful to others and yourself.
 6. Circumcision procedure would be carried out within the shortest possible time if there is no other complication incurred.
 7. You may rest, eat, drink and bathe as usual after undergoing the circumcision procedure. Nevertheless you are encouraged to move freely as soon as possible which would be helpful to speed up your healing wound and recovery.
 8. Ensure your fingers are clean before touching your circumcised wound to avoid infection, especially when you need to clean yourself after peeing or defecation.
 9. In case of phimosis, the adhesion of the glans penis need to be separated from the prepuce / foreskin. It might create mild abrasion which need to be dressed properly to prevent wound infection and should heal normally. The accumulation of discharge / slough might hardened up and covers the urethral meatus opening, preventing you from peeing as usual. Just wet and clean the discharge / slough for removal before you are able to urinate as usual.
 10. In case of emergency such as **unusual bleeding, difficulty in urination** or if you suffer any related condition, please contact / consult your doctor / clinic to seek immediate treatment.
 11. In many instances, poor / less water intake and fear to urinate are the main causes for unuria / failure to urinate. You are encouraged to drink enough water to avoid dehydration and do not hesitate to pee, to avoid you from suffering unuria.
 12. Do not try to meddle, force to remove the circumcision device attached to your penis without getting any proper advice from your doctor.
 13. 97% of the device should dropped spontaneously upon healing and adequate circumcised wound necrosis is achieved. The rest might need medical assistance / treatment at the clinic, based on doctor's examination and evaluation.
 14. You could /may visit your doctor within a week after your circumcised wound healing without any complications. Your doctor might remove the device if:
 - a. It remains there, **exceeding more than fourteen to twenty one (14 - 21) days.**
 - b. If you suffer from any complication such as **paraphimosis** (the device stuck beyond the glans corona with penile swelling / balanitis).
 - c. To ensure the glans penis would not be protruded and stuck, gently push the glans penis into the clamped ring during shower / bathe for remedy. It should be painless when it is done in wet condition and when the glans penis not in erection.
 15. The prescription of antibiotic or analgesic are seldom needed. It would be made based on certain indication by your doctor. Do not practice self medication which might harm and retard your circumcision wound healing process.
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